
Alicia Belant

Certifications

- ATC, number 2000003814, expires 12/31/2015
- LAT, number 1202-039, expires 06/30/2014
- NPI number 1972883668
- CSCS, number 201071375, expires 12/31/2014
- CPR/AED Professional Rescuer, expires 07/2015

Education

University of Wisconsin-Stevens Point

September 2005-May 2010

Bachelor of Science in Athletic Training

Minors in Strength and Conditioning, Food and Nutrition

Michigan State University

January 2013-December 2014

Masters of Arts in Education

Concentrations in Post-Secondary Education Leadership and Sport Leadership and Coaching

Professional Athletic Training Experience

Ministry Health Care, Ministry Sports Medicine, Stevens Point, WI

June 2013- Present

Secondary School Outreach

- Served as the Assistant Athletic Trainer at a local high school
- Accountable for health care of athletes at practices and athletic events
- Utilized emergency medical skills when necessary
- Assisted in coordinating athlete appointments with other health care providers
- Developed standardized concussion management plan
- Assisted in the initiation of electronic medical records for secondary school injury documentation
- Developed Athletic Training Student Assistant Club and responsible for education and scheduling of student members

Rehabilitation Clinic

- Developed appropriate rehabilitative exercise plans for patients, both operative and non-operative
- Conversed with referring physicians to ensure appropriate patient care
- Communicated with insurance representatives to ensure patient coverage

Orthopedic Clinic

- Treated post-operative patients at follow-up appointments until end of healing
- Regularly communicated with orthopedic physicians regarding patient care
- Fitted patients with splints, braces and supports
- Acted as a scribe for orthopedic surgeons
- Developed informational exercise handouts for patients

Agnesian HealthCare, Ripon Medical Center, Ripon, WI

August 2010- June 2013

Secondary School Outreach

- Responsible for health care at practice and athletic events at local high schools
- Conversed with coaches, physicians and guardians regarding injuries
- Created rehabilitation programs for athletes
- Effectively communicated with other ATCs providing athletic event coverage
- Assisted in coordinating athlete appointments with other health care providers
- Accurately documented injuries and encounters with guardians and physicians
- Developed emergency action plans

Ripon College

- Assisted with daily athletic training duties
- Independently covered various athletic practices and events
- Assessed injuries and treated appropriately
- Communicated with coaches, head athletic trainer and athletic training students regarding injuries
- Responsible for athletic training student supervision

Rehabilitation Clinic

- Evaluated and treated injuries; prescribed appropriate rehabilitative exercises for patients
- Appropriately applied splints, bracing, supports
- Conducted pre-employment screenings
- Administered ImPACT concussion testing
- Assisted in generating athletic event coverage schedules
- Assisted with reception desk duties
- Created and implemented personalized fitness plans for clients seeking to lose weight

Alliance Laundry Systems

- Assessed and properly treated work and non-work related injuries and illnesses
- Took thorough patient history to determine if injuries sustained are work related
- Accurately documented injuries and filed proper paperwork
- Transported injured workers to the emergency room when necessary

Undergraduate Athletic Training Experience

Collegiate

University of Wisconsin-Stevens Point

September 2007-May 2010

- Responsible for attending all practices and home and away competitions
- Assessed and appropriately treated injuries
- Developed rehabilitation programs for injured athletes
- Communicated directly with team physician and coaches
- Assisted in daily athletic training duties within the facility
 - Football, volleyball, tennis, cross country, track, basketball, wrestling, swimming, softball and hockey

High School

Amherst High School, Amherst, WI

September 2008 - March 2009

- Carried out musculoskeletal and neurological evaluations on athletes
- Contributed to the rehabilitation progressions of athletes
- Assisted with emergency spine boarding situations
- Communicated directly with parents
- Traveled to regular season, post season and state championship competitions
 - Football, cross country, basketball, wrestling and dance

Stevens Point Area Senior High, Stevens Point, WI

January 2008 - March 2008

- Performed direct medical care to athletes in various sports
- Supervised athletes during rehabilitation sessions
- Assisted with the organization of health care during competitions
 - Basketball, wrestling, dance and swimming

Clinic

Marshfield Clinic Orthopedic Center, Wisconsin Rapids, WI

March 2010 - May 2010

- Assisted with patient health history and injury evaluations prior physician visit
- Aided in providing patients with appropriate bracing and supports
- Offered patient education regarding injuries
- Observed several surgeries of the knee, shoulder and hand
- Aided in light secretarial work including use of office equipment and organizing

Internships

University of Wisconsin-Whitewater, Whitewater, WI

June 2009 - August 2009

- Independently administered direct medical care, including emergency care, to participants of sports and non-sports related summer camps

- Responsible for on-call duties and administering medications as necessary
- Communicated with parents and coaches on a regular basis
- Provided transportation of injured participants to outside medical centers
 - Wheelchair basketball, basketball, soccer, gymnastics, tennis, dance, football and lacrosse

St. Mary's Duluth Clinic-Sports Medicine, Duluth, MN

June 2008 – July 2008

- Assisted with direct medical attention to athletes on the Superior Stampede semi-professional football team and Duluth Huskies summer collegiate baseball team
- Contributed to the assessment and care of patients within the orthopedic clinic

Memberships, Honors, Awards and Activities

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| <ul style="list-style-type: none"> ▪ National Athletic Trainers' Assoc. Member ▪ National Strength & Conditioning Assoc. Member ▪ Ripon Medical Center ACE Award Winner ▪ Wisconsin Athletic Trainers Assoc. 2010 Research Award recipient ▪ Eddie Kotal Memorial Scholarship Award | <ul style="list-style-type: none"> ▪ UW-Stevens Point Cum Laude Graduate ▪ 2008 Beijing Olympic Volunteer ▪ Ripon Medical Center Triathlon Volunteer ▪ UW-Stevens Point Sports Medicine Club Secretary ▪ UW-Stevens Point Sports Medicine Club Head of Adopt-a-Highway |
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